

# Strawberry & lemon muffins



By Stephanie Tanti Desjardins



## Ingredients

- 1 cup Asiago frozen strawberries
- 1/4 cup olive/coconut oil
- 1/2 cup maple / agave syrup
- 1 lemon rind
- 2 Le Naturelle eggs
- 150ml Hanini natural yogurt
- 1 tsp. vanilla extract
- 1 tsp. baking soda
- 1 3/4 cup wholemeal flour

## Method

- 1 Mix all ingredients together except the strawberries, flour and baking soda. In a separate bowl mix the flour and soda and join all ingredients in the big bowl.
- 2 Add the strawberries and mix well. Pour into muffin moulds and bake in the oven for 40 mins.

