

300g Quorn Vegetarian Steak Strips

2 tbsp vegetable oil

1 onion

2 cloves garlic

230g mushrooms

2 thsp tomato puree

1 tsp smoked paprika

2 tsp Dijon mustard

200g Elmlea Plant-based double cream

1 tbsp fresh thyme leaves

1 Knorr mushroom stock pot

200ml water

## **Method**

- 1. In some oil, fry the onion and garlic.
- 2. Add the Quorn Steak Strips and cook for 4-5 minutes.
- 3. Add mushrooms and fry for another 2-3 minutes.
- 4. Add tomato puree, thyme, paprika, mustard and cook for 2 minutes.
- 5. Add the stock pot and Pour in the water and simmer for 5 minutes
- 6. Stir in the plant-based cream and season to taste. Bubble for 3-4 minutes stirring continuously.
- 7. Serve with rice and freshly steamed vegetables.



