

Frozen Yoghurt Bark with berries



**ASIAGO
FOOD**

ingredients

- 500g greek yoghurt (0-10%)
- 85g maple syrup
- Handful of Asiago Frozen blueberries
- Handful of Asiago Frozen strawberries
- Handful of roasted oats
- ½ tsp vanilla essence
- ¼ lime juice
- Pinch of salt

method

1. Line a baking sheet with baking paper.
2. In a large bowl, mix the greek yoghurt, maple syrup, lime juice, vanilla essence and salt. Whisk for a few minutes.
3. Spread the mixture onto the baking sheet. Smoothen out.
4. Top with a selection of frozen fruit and roasted oats.
5. Freeze overnight.
6. When firm, break into pieces.
7. Keep in the freezer until ready for consumption.



Created by

